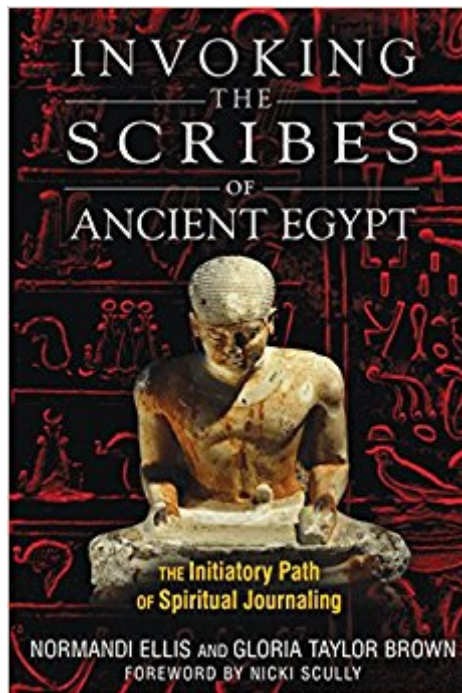




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Invoking The Scribes Of Ancient Egypt: The Initiatory Path Of Spiritual Journaling



Synopsis

Tools to powerfully write about and manifest your life using the power found in the sacred sites of ancient Egypt Reveals how to create meaning from one's life experiences and manifest new destinies through spiritual writing Contains meditations and creative writing exercises exploring sacred themes in the Egyptian Book of the Dead and other hieroglyphic texts of ancient Egypt Shares transformative and inspiring pieces written by those who've attended the authors' Egyptian sacred tours Within each of us is a story, a sacred story that needs to be told, of our heroic efforts and of our losses. The scribes of ancient Egypt devoted their lives to the writing of sacred stories. These technicians of the sacred were masters of hieroglyphic thinking, or heka--the proper words, in the proper sequence, with the proper intonation and the proper intent. Learning heka provided scribes with the power to invoke and create worlds through their words and thoughts. To the writer, heka is a magical way to create meaning from experience. Through heka we manifest new visions and new relationships to ourselves and to others. We can make new art filled with beauty and light. Revealing the spiritually transformative power of writing, the authors take us on a journey of self-discovery through the sacred sites of Egypt, from the Temple of Isis to the Great Pyramid of Giza. Through meditations and creative writing exercises exploring the powerful themes found in the hieroglyphic texts of ancient Egypt and the Egyptian Book of the Dead, they show how, through writing, we can live beyond the ordinary, give our dreams form, and discover who we really are and what our lives really mean. Sharing transformative and inspiring pieces written by those who've attended their Egyptian sacred tours, the authors reveal how writing your spiritual biography allows you to reconnect to the creativity and divine within, face your fears, offer gratitude for what you have, manifest new destinies, and recognize your life as part of the sacred story of Earth.

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Customer Reviews

“This book is especially powerful for those of us who love to write and have the hidden content come through beyond the words. Many secrets lie hidden in plain sight simply because we do not have the eyes to see the deeper meaning. This may help open your eyes.” (Rahasya Poe, Lotus Guide, January 2012)

“The authors balance well between the personal and the spiritual. While the women on the tour happened to have the means to tour Egypt for themselves, a reader at home who might not visit Egypt can still use the writing exercises, rituals and techniques shared at much lower cost than the airfare to Cairo. Recommended.” (Diana Rajchel, Facing North)

“This isn’t a book that you will just read through once and then put it away on your bookshelf to gather dust. This is book you will savor as you read. This is a book that will, if you open yourself to the experience (as I heartily recommend!), connect you with a universe that is so much larger than you may have imagined. You will find that your “inner scribe” is much more than just a “journaler” who makes quick notes about your daily life or responds to various off-the-cuff prompts. This is spiritual journaling, an oh-so-different beast...I highly recommend that you take the opportunity to refresh your soul with Invoking the Scribes of Ancient Egypt: The Initiatory Path of Spiritual Journaling!” (Journal For You April 2012)

“I recommend this book for anyone who would like to see Egypt through a writer’s passionate gaze or as a guide for looking into the journey of spiritual writing regardless of your path. This book is an excellent guide for basic layouts for writing and as such I will continue to work with. The writers share some deep and truly beautiful insights into the land of the Scribes of Egypt. Come join them, take a beautiful journey and then embark upon your own Spiritual Initiatory Journaling experience.” (Henge of Keltria, June 2012)

“I recommend this book on three counts. Firstly, it is an example of modern travel writing; secondly, an anthology of spiritual poetry and prose; and finally, as a handbook for spiritual development. The structure of the whole venture is flexible enough to adapt to any spiritual stream. Go for it!” (Jennifer Hoskins, New Dawn, September 2012)

“Invoking the Scribes of Ancient Egypt is a book of wisdom that includes the writing exercises, perceptive comments on the temples and gods and goddesses, guided meditations, and even remarks about the heat and how the life of modern

Egypt overlies the older civilization. It should have a place on our shelves beside the other fine books on spiritual journaling, including those by Julia Cameron. (Barbara Ardinger, Ph.D., *Witches and Pagans*, October 2012) "It's not often that ancient Egypt inspires a truly original work, but this is one of those rarities. A passionate, moving, intensely personal and yet remarkably informative book; there's nothing remotely like it. (John Anthony West, author of *Serpent in the Sky* and *The Traveler's Key to Ancient Egypt*)

SPIRITUALITY / SELF-HELP "It's not often that ancient Egypt inspires a truly original work, but this is one of those rarities. A passionate, moving, intensely personal and yet remarkably informative book; there's nothing remotely like it. --John Anthony West, author of *Serpent in the Sky* and *The Traveler's Key to Ancient Egypt* Within each of us is a story, a sacred story that needs to be told, of our heroic efforts and of our losses. The scribes of ancient Egypt devoted their lives to the writing of sacred stories. These technicians of the sacred were masters of hieroglyphic thinking, or heka--the proper words, in the proper sequence, with the proper intonation and the proper intent. Learning heka provided scribes with the power to invoke and create worlds through their words and thoughts. To the writer, heka is a magical way to create meaning from experience. Through heka we manifest new visions and new relationships to ourselves and to others. We can make new art filled with beauty and light. Revealing the spiritually transformative power of writing, the authors take us on a journey of self-discovery through the sacred sites of Egypt, from the Temple of Isis to the Great Pyramid of Giza. Through meditations and creative writing exercises exploring the powerful themes found in the hieroglyphic texts of ancient Egypt and the Egyptian Book of the Dead, they show how, through writing, we can live beyond the ordinary, give our dreams form, and discover who we really are and what our lives really mean. Sharing transformative and inspiring pieces written by those who've attended their Egyptian sacred tours, the authors reveal how writing your spiritual biography allows you to reconnect to the creativity and divine within, face your fears, offer gratitude for what you have, manifest new destinies, and recognize your life as part of the sacred story of Earth. NORMANDI ELLIS is an award-winning writer, workshop facilitator, and director of PenHouse Retreat Center. The author of several books, including *Awakening Osiris*, she lives in Frankfort, Kentucky. GLORIA TAYLOR BROWN is a university lecturer, Alchemical Healing teacher, and recognized mystic and visionary. A lifelong student of Egyptian studies, she is the president of Alchemy Arts, Inc. She lives in San Diego, California.

Truly this book contains the soul of Egypt reawakened by the beautiful works written by those who walked the sands, temples and breathed that same powerful energy that is Egypt. Foremost, the book is inspiring whether you are a writer seeking insightful experiences of those who were involved in the making of this book or seeking a way to shake up your own ideas. Normandi offers tools that do just that and you see the examples of how those tools were employed. Having been to Egypt and being a writer, I was excited to be able to read especially the details of each temple experienced, figuratively walking back through the sites. I can recommend this beautiful book also for its poetry, narrative experiences in story form and photographic record. Indeed, there is no other book that approaches Egypt from this point of view and does it so well.

This book opens the doorway to your inner scribe. Through the journey of fearless awakening, the tools and shared experiences from this book give the reader permission to allow themselves the freedom to fully live, to fully love, and to fully express themselves from their beautiful co-creator heart.

Another amazingly wonderful book by award winning KY author Normandi Ellis, who asks "What stands between you and God?" Normandi offers many beautiful methods to begin traverse the divide, taking us along on a marvelous journey, and sharing spectacular photos and images, too. A Treasure.

I usually like books by Normandi Ellis, but this isn't one of her best. I thought she would be writing more of the content. Instead it is full pretentious attempts at writing by the participants of her trip to Egypt - like the woman who tells us she channels the god Thoth. I found it a boring read.

good

This book is an exploration of ancient Egypt and also the inner consciousness. Very well written...creative idea! Well formatted. If you are fascinated by ancient civilizations - especially Egypt, you'll enjoy this one. Nicely done!

When I first sat down to read "Invoking the Scribes of Ancient Egypt: The Initiatory Path of Spiritual Journaling" I was a little afraid. While I like reading about Egypt and I love journaling, I've always been a little on the fence when it comes to reading books that have any focus on

spirituality. Hmmmm...Based on my appreciation of two of the three subject areas (Egypt and journaling), I decided to give it a try. The first few chapters proved a little difficult for me, so I decided to focus purely on the travel and journaling topics. And then - something very interesting happened. By the end of the book I was in love with the authors, the group that had made a unique spiritual journey, their tour guide, their journaling exercises and... wait for it... I had started to read the spiritual bits. And I liked them! So what did I do then? I turned back to page one and read the entire book again! I thought I'd gotten the substance of the book on my first go-round, but I found that I hadn't really. The second time through I started picking up on the subtle nuances of the book - the way each writer saw things in a different way, the way the journaling exercises connected so wonderfully with the spiritual features. The book was so much MORE than I had thought based on the first read-through. Reading and working through *Invoking the Scribes of Ancient Egypt: The Initiatory Path of Spiritual Journaling* is like being invited to a feast! This isn't a book that you will just read through once and then put it away on your bookshelf to gather dust. This is a book you will savor as you read. This is a book that will, if you open yourself to the experience (as I heartily recommend!), connect you with a universe that is so much larger than you may have imagined. You will find that your "inner scribe" is much more than just a "journaler" who makes quick notes about your daily life or responds to various off-the-cuff prompts. This is spiritual journaling, an oh-so-different beast. *Invoking the Scribes of Ancient Egypt: The Initiatory Path of Spiritual Journaling* is a book that I have added to my very special "books to re-read" calendar. My what? This calendar is one in which I make notes about the books I feel should be re-read on a regular basis because they impart important life lessons and, by doing so, refresh my soul. I've also started up a folder that I will use as I start to make plans for my very own spiritual journey to Egypt! I highly recommend that you take the opportunity to refresh your soul with *Invoking the Scribes of Ancient Egypt: The Initiatory Path of Spiritual Journaling*! (Disclaimer: This review is based on a complimentary copy of *Invoking the Scribes of Ancient Egypt: The Initiatory Path of Spiritual Journaling* that I received from the publisher.)

There are lots of travel books about Egypt, but *Invoking the Scribes of Ancient Egypt* is Egypt seen through the spirits of about twenty of the most intuitive, creative, open, growing women you will ever meet. There are some photos, yes, and we learn about the sites, but the book turns the old saying that a picture is worth a thousand words on its head. Not so -- these words are worth many thousands of photos of the usual kind. I savored it! The writing exercises, developed by Normandi Ellis, elicited amazing responses from the travelers, many of which are included in the book, but

they could be adapted for anyone anywhere. These women's trip to Egypt was a journey of the imagination, and the imagination is a passport-free zone. This is traveling at its best, in which both all the senses (the food! the views! the heat!) and the soul are involved, and this is both travel writing and writing at its best.

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